



Thank you for your interest in becoming a **Group Fitness Instructor** here at Fresno State! The following information will enable me to best match your interests and skill sets with what we will be offering at the Student Recreation Center. Please fill out this form in its entirety and return to the front desk/check-in counter in the main lobby of the Recreation Center.

*Maia Jost*

Assistant Director-Fitness Programs

**Please complete the following form in full:**

Full Name: \_\_\_\_\_

Field of study: \_\_\_\_\_

Which program(s) are you interested in teaching?



What do you think are key characteristics in an outstanding exercise instructor?

Why are you interested in teaching exercise? Please tell me about your experience, if any, in the industry.

Please leave your contact information here:

Phone \_\_\_\_\_

Email \_\_\_\_\_

Date \_\_\_\_\_